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केन्द्रीय मुक्त विद्यालयी शिक्षा एवं परीक्षा बोर्ड

(भारतीय संविधान के अनुच्छेद 19(1)(सी) एवं 19(1)(जी) तथा मानव संसाधन एवं विकास मंत्रालय, भारत सरकार के अंतर्गत एक स्वायत्त संगठन)
पंजीकार्यालय : चतुर्थतल, प्राईमप्लाजा, इंदिरानगर, लखनऊ- 226016
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CENTRAL BOARD OF OPEN SCHOOLING AND EXAMINATION

(An Autonomous organization under Article 19(1)(C) and 19(1)(G) of the Constitution of India and under the Ministry of Human Resource Development, Government of India)

पत्रांकसंख्या

Ref. No.: CBSE/ACD/5006

दिनांक:

Date: 23/11/22

Circular

To,

All the Heads and Managers of the Schools

Subject: Fit India School Week – reg.

Sir /Madam,

Fit India School Week is the flagship programme dedicated to schools to encourage inculcating fitness habits and increase awareness for fitness and sports among students. The 4th edition of Fit India School Week is scheduled from 15th November 2022 to 15th December 2022 wherein schools will celebrate it in various forms for 4 to 6 days in a week to reaffirm the importance of fitness in an individual's daily life. For participation in Fit India School Week, the schools will be required to select any week between 15th November to 15th December 2022 and celebrate the same. The schools can register on Fit India Portal and communicate the dates of Fit India School Week celebration in their school. The indicative list of activities for Fit India School Week celebration is enclosed as Annexure A.

In this edition of Fit India School Week, the schools may celebrate their Annual Sports Day wherein the exceptional sporting talent among their students may be identified. The details of the same may be provided on Fit India Portal (<https://fitindia.gov.in/login>) under talent identification. The step by step guide to register and provide details of exceptional sporting talent is enclosed as Annexure B. School Heads are encouraged to celebrate Fit India School to instil the importance of Fitness in the lives of their students and other stakeholder

Copy with a request to respective Heads of Directorates as indicated below to also disseminate the information to all concerned schools under their jurisdiction:

1. All Regional Directors/Regional Officers of CBOSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
2. All Joint Directors/Deputy Directors/Assistant Directors, CBOSE
3. In charge IT Unit with the request to put this circular on the CBOSE websites
4. The Assistant Librarian, CBOSE
5. The Public Relations Officer, CBOSE
6. PS to Chairperson, CBOSE
7. SPS to Secretary, CBOSE
8. Guard File



Organization Secretary

**Central Board of Open Schooling and
Examination, New Delhi**