

केंद्रीय मुक्त विद्यालयी शिक्षा एवं परीक्षा बोर्ड

Central Board of Open Schooling and Examination

"Functioning as per the national framework for open schooling and vocational education, in compliance with the principles of the National Education Policy (NEP),

Government of India."

Website: www.cbose.com

Ref No: CBOSE/EVENTS/2022/1203

Date: - 15 March 2022

To
The Principal / Head of Institutions,
All Study Centres affiliated to CBOSE
(Through CBOSE Website)

SUBJECT: Pre-Exam Counselling & Motivational Session 2022

Madam/Sir,

Ahead of the June 2022 Board Examination, CBOSE conducted a nationwide motivational and counselling session for open schooling learners. Topics discussed included:

- Study planning and time management
- Handling exam stress and anxiety
- Understanding the CBOSE examination pattern
- How to effectively use SLM and assignments

The program received an overwhelming response from learners studying independently or while working.

Copy with a request to respective Heads of Directorates as indicated below to also disseminate the information to all concerned schools under their jurisdiction:

- 1. All Regional Directors/Regional Officers of CBOSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
- 2. All Joint Directors/Deputy Directors/Assistant Directors, CBOSE
- 3. In charge IT Unit with the request to put this circular on the CBOSE websites

PRESIDENT/SECRETARY
CENTRAL BOARD OF OPEN SCHOOLING
AND EXAMINATION

Director

Event Organizer Department

CBOSE, New Delhi