



आधिकारिक पाठ्यक्रम 2025–26  
OFFICIAL SYLLABUS 2025-26

Sociology

समाज शास्त्र

कोड: I-5013

कक्षा- बारवी / Class-12<sup>th</sup>

विषय का नाम Subject Name	कोड Code	अवधि अंक Duration/Marks	परीक्षा चक्र Exam Cycle
Sociology समाज शास्त्र	I-5013	3 घंटे /100 अंक 3 Hrs / 100 Marks	(On-Demand) , April And October
<b>विषय सूची / Table of Contents</b>			
क्र.सं. Sr.No.	विषय / Topic	विवरण / Details	
<b>Part-1 Basic Information</b>			
1.1	Learning Objectives	NEP 2020 Aligned	
1.2	Coding Career Opportunities	Software Development	
<b>Part A: Indian Society</b>			
			<b>40 Marks</b>
2.1	Introducing Indian Society	06	
2.2	The Demographic Structure of Indian Society	06	
2.3	Social Institutions - Continuity and Change	08	
2.4	Market as a Social Institution	06	
2.5	Pattern of Social Inequality and Exclusion	06	
2.6	The Challenges of Cultural Diversity	08	
<b>Part B: Social Change and Development in India</b>			
			<b>40 Marks</b>

परीक्षा समिति / Examination Committee  
केन्द्रीय मुक्त विद्यालयी शिक्षा एवं परीक्षा  
Central Board of Open Schooling & Examinations  
नई दिल्ली / New Delhi

3.1	Structural Change	06
3.2	Cultural Change	06
3.3	Change and Development in Rural Society	07
3.4	Change and Development in Industrial Society	07
3.5	Globalization and Social Change	07
3.6	Mass Media and Communications	07
<b>Part :- 4 TMA Tutor Marked Assignment</b>		<b>20 Marks</b>

## 1. LEARNING OBJECTIVES (NEP 2020)

<b>The curriculum for Sociology at the Senior Secondary level aims to ensure that students are able to:</b>	
•	<b>Sociological Perspective:</b> Develop a sociological imagination to understand society and social interactions.
•	<b>Social Awareness:</b> Enhance awareness of social structures, institutions, and processes.
•	<b>Critical Thinking:</b> Analyze social issues critically and evaluate different sociological perspectives.
•	<b>Understanding Diversity:</b> Appreciate the cultural diversity and complexity of Indian society.
•	<b>Research Skills:</b> Acquire skills in sociological research methods and data analysis.
•	<b>Social Responsibility:</b> Foster a sense of social responsibility and ethical conduct.

## 2. COURSE STRUCTURE & MARKS DISTRIBUTION

Unit	Title	Marks
<b>Part A: Indian Society</b>		<b>(40 Marks)</b>
1	Introducing Indian Society	06
2	The Demographic Structure of Indian Society	06
3	Social Institutions - Continuity and Change	08
4	Market as a Social Institution	06
5	Pattern of Social Inequality and Exclusion	06
6	The Challenges of Cultural Diversity	08
<b>Part B: Social Change and Development in India</b>		<b>(40 Marks)</b>
7	Structural Change	06
8	Cultural Change	06
9	Change and Development in Rural Society	07
10	Change and Development in Industrial Society	07
11	Globalization and Social Change	07
12	Mass Media and Communications	07
<b>Total Theory Marks</b>		<b>60</b>
<b>Project Work</b>		<b>20</b>
<b>TMA</b>		<b>20</b>
<b>Grand Total</b>		<b>100</b>

परीक्षा समिति / Examination Committee  
केन्द्रीय मुक्त विद्यालयी शिक्षा एवं परीक्षा बोर्ड  
Central Board of Open Schooling & Examination  
नई दिल्ली / New Delhi

### 3. DETAILED THEORY SYLLABUS (80 MARKS)

<b>PART A: INDIAN SOCIETY</b>	<b>(40 Marks)</b>
<b>Unit 1: Introducing Indian Society</b>	<b>06 Marks</b>
<ul style="list-style-type: none"> <li>Colonial legacy and the making of Indian society.</li> <li>Diversity and unity in Indian society.</li> <li>Structural change and social processes.</li> </ul>	
<b>Unit 2: The Demographic Structure of Indian Society</b>	<b>06 Marks</b>
<ul style="list-style-type: none"> <li>Population size, growth, and distribution.</li> <li>Age-sex composition and population pyramid.</li> <li>Demographic theories (Malthusian, Transition).</li> <li>Population policy in India.</li> </ul>	
<b>Unit 3: Social Institutions - Continuity and Change</b>	<b>08 Marks</b>
<ul style="list-style-type: none"> <li>Caste system: Features, changes, and continuity.</li> <li>Tribal communities: Classification and issues.</li> <li>Family and kinship systems.</li> <li>Marriage: Types and changes.</li> </ul>	
<b>Unit 4: Market as a Social Institution</b>	<b>06 Marks</b>
<ul style="list-style-type: none"> <li>Sociological perspectives on markets.</li> <li>Weekly markets and traditional exchange systems.</li> <li>New trends in markets (e-commerce, globalization).</li> <li>Market and social inequality.</li> </ul>	
<b>Unit 5: Pattern of Social Inequality and Exclusion</b>	<b>06 Marks</b>
<ul style="list-style-type: none"> <li>Social inequality and exclusion: Concepts.</li> <li>Caste based inequality and discrimination.</li> <li>Tribal marginalization.</li> <li>Regional, linguistic, and religious minorities.</li> <li>Gender inequality and disability rights.</li> </ul>	
<b>Unit 6: The Challenges of Cultural Diversity</b>	<b>08 Marks</b>
<ul style="list-style-type: none"> <li>Cultural diversity and nation building.</li> <li>Communalism, secularism, and the nation-state.</li> <li>Regionalism and regional identity.</li> <li>Casteism and caste politics.</li> </ul>	
<b>PART B: SOCIAL CHANGE AND DEVELOPMENT IN INDIA</b>	<b>(20 Marks)</b>
<b>Unit 7: Structural Change</b>	<b>02 Marks</b>
<ul style="list-style-type: none"> <li>Understanding colonialism and its impact.</li> <li>Industrialization and urbanization in independent India.</li> <li>Globalization and structural change.</li> </ul>	
<b>Unit 8: Cultural Change</b>	<b>02 Marks</b>
<ul style="list-style-type: none"> <li>Social reform movements in the 19th and 20th centuries.</li> <li>Sanskritization and Westernization.</li> <li>Modernization and Secularization.</li> </ul>	
<b>Unit 9: Change and Development in Rural Society</b>	<b>02 Marks</b>
<ul style="list-style-type: none"> <li>Agrarian structure and land reforms.</li> <li>Green Revolution and its social consequences.</li> </ul>	

परीक्षा समिति / Examination Committee  
केन्द्रीय मुक्त विद्यालयी शिक्षा एवं परीक्षा बोर्ड  
Central Board of Open Schooling & Examination  
नई दिल्ली / New Delhi

<ul style="list-style-type: none"> <li>Rural development programs and panchayati raj.</li> <li>Agrarian distress and farmers' movements.</li> </ul>	
<b>Unit 10: Change and Development in Industrial Society</b>	<b>02 Marks</b>
<ul style="list-style-type: none"> <li>Evolution of modern industry in India.</li> <li>Working conditions and labor relations.</li> <li>Trade unions and labor movements.</li> <li>Impact of industrialization on society.</li> </ul>	
<b>Unit 11: Globalization and Social Change</b>	<b>06 Marks</b>
<ul style="list-style-type: none"> <li>Dimensions of globalization (economic, political, cultural).</li> <li>Globalization and its impact on Indian society.</li> <li>Cultural aspects of globalization.</li> <li>Resistance to globalization.</li> </ul>	
<b>Unit 12: Mass Media and Communications</b>	<b>06 Marks</b>
<ul style="list-style-type: none"> <li>Role of mass media in modern society.</li> <li>Types of mass media (print, electronic, new media).</li> <li>Impact of media on culture and politics.</li> <li>Social media and communication revolution.</li> </ul>	

## 4. PROJECT WORK

**(20 MARKS)**

**Objectives:** To provide students with practical exposure to sociological research methodology, data collection, and analysis.

### Assessment Breakdown:

<b>Sociological Research Project</b>	<b>15 Marks</b>
Viva Voce	05 Marks
<b>Total</b>	<b>20 Marks</b>

### Suggested Topics:

- Survey on social issues (e.g., dowry, domestic violence).
- Case study of a caste or community.
- Gender analysis of media content.
- Impact of urbanization on a local community.
- Effects of globalization on local culture/economy.
- Study of a social movement.
- Influence of mass media on youth.

## 5. CAREER OPPORTUNITIES & SKILLS

### Key Concepts & Skills

- Sociology Concepts:** Social structure, stratification, institutions, change, development, diversity, inequality, globalization.
- Practical Skills:** Survey methods, field observation, interview techniques, data analysis, case study, report writing.

*Handwritten signature*

*Handwritten signature*

*Handwritten signature*

*Handwritten signature*

परीक्षा समिति / Examination Committee  
केन्द्रीय मुक्त विद्यालयी शिक्षा एवं परीक्षा बोर्ड  
Central Board of Open Schooling & Examination  
नई दिल्ली / New Delhi

## Career Roles & Average Monthly Income

Role	Income Range (INR)
Social Researcher	₹25,000 - ₹85,000
NGO Manager/Social Worker	₹22,000 - ₹75,000
Civil Services (IAS/IPS)	₹56,000 - ₹2,50,000
Urban Planner	₹30,000 - ₹95,000
HR Professional	₹28,000 - ₹90,000
Policy Analyst	₹32,000 - ₹1,00,000
Journalist (Social Issues)	₹25,000 - ₹80,000
Sociology Teacher/Professor	₹25,000 - ₹75,000

## 6. STUDY MATERIAL & RESOURCES

Resource Type	Details
Prescribed Textbooks	1. <i>Indian Society</i> (Class XII, Part A) - NCERT 2. <i>Social Change and Development in India</i> (Class XII, Part B) - NCERT
Self-Learning Material	CBSE SLM for Sociology (Code 039)
Reference Books	- <i>Sociology</i> by Anthony Giddens - <i>Social Structure and Politics</i> by T.K. Oommen - <i>Social Change in Modern India</i> by M.N. Srinivas - <i>Modernization of Indian Tradition</i> by Yogendra Singh
Digital Resources	- CBSE Learner Portal (learner.cbse.ac.in) - Indian Sociological Society (insoso.org) - Centre for the Study of Social Systems (CSSS-JNU)

## अंक विश्लेषण / Marks Analysis

Component	Details	Marks
Theory	Written Examination	80
TMA	Periodic Test + Multi Assessment + Enrichment + Portfolio	20
	total	100

परीक्षा समिति / Examination Committee  
केन्द्रीय मुक्त विद्यालयी शिक्षा एवं परीक्षा बोर्ड  
Central Board of Open Schooling & Examination  
नई दिल्ली / New Delhi